



## PREFACE

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The “science of time” which we call Chinese medicine preceded modern science by at least 3000 years. In *Hunyuan: Curing Infertility Naturally*, we will travel the path of this ancient discipline step by step to discover its genius. Primarily intended for infertility patients, the book is also aimed at Modern Chinese medical practitioners, most of whom lack any training in the classical ways.

To truly grasp the essence of Ancient Chinese medicine, we must leave modern thinking patterns behind. If it is viewed from the perspective of Western medicine, the discipline’s meaning and great value will be missed entirely. If it is approached with an open mind, an amazing world will open.